The Lucia N°03 provides a deep nervous system relaxation while simultaneously providing a unique transcendental journeying experience. For the first time even novice meditators experience a state of deep relaxation coupled with focus, where one is in touch with their own intuition and sense of wholeness.  
  
White light passes through closed eyelids, past the retina to the pineal gland, and creates a visual experience of one’s own design.  The inner consciousness of the traveler produces scenes of indescribable beauty.  Music enhances the experience as the mind combines the two stimuli, generating synesthesia – the experience of *seeing* music.  
  
Faced with the artistry of ones own inner consciousness, light travelers cannot help but to re-evaluate their perception.  Each experience is as unique as the person in the light.    
  
  
*Other possible experiences:*  
  
Dissolution of the sensation of time  
  
Transcendence of the physical body  
  
Journeying to other realms

